



The WholeFlow Inclusion Co Framework and Bubble Communication Framework are original intellectual property of WholeFlow Inclusion Co Inclusion Co.
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Purpose of This Document

The WholeFlow Inclusion Co Framework is the guiding philosophy that underpins all WholeFlow Inclusion Co resources, tools, and practices.

This document exists to clearly articulate:

- what WholeFlow Inclusion Co believes
- how behaviour and communication are understood
- how this philosophy translates into real-world practice
- how the Bubble Communication Framework fits within the larger framework

WholeFlow Inclusion Co may be applied across early childhood education, disability support, family contexts, and community care settings.

Framework Use & Licensing

The WholeFlow Framework and Bubble Communication Framework may be used for personal reflection and individual practice.

Whole-service, organisational, or program-wide implementation requires a formal licensing agreement with **WholeFlow Inclusion Co**.

Licensing ensures ethical use, appropriate support, and fidelity to the framework's intent.

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What the WholeFlow Inclusion Co Framework Provides?

WholeFlow Inclusion Co is a relationship-centred framework designed to support people across the lifespan by prioritising:

- emotional safety
- identity and belonging
- regulation and co-regulation
- respectful communication
- flexible, human-centred practice

WholeFlow Inclusion Co recognises that behaviour is not isolated or random — it is shaped by relationships, environments, emotional states, identity, and lived experience.

At its core, WholeFlow Inclusion Co asks practitioners to move beyond surface behaviour and instead respond to the *whole person*.

The WholeFlow Inclusion Co Framework is a **guiding lens**, not a script.

It supports practitioners to understand behaviour, communication, and regulation through:

- connection
- emotional safety
- identity and belonging
- whole-person understanding

WholeFlow Inclusion Co can be used across education, disability, family, and community care settings. While WholeFlow Inclusion Co originated in early childhood contexts, its principles and tools are designed to support people across the lifespan.

The WholeFlow Inclusion Co Lens

WholeFlow Inclusion Co is built on a simple but powerful belief:

When people feel safe, seen, and supported, they are more able to learn, engage, and thrive.

Rather than asking “*How do we manage behaviour?*”, WholeFlow Inclusion Co invites practitioners to ask:

- What is this person experiencing?
- What needs are present or unmet?
- What relationships or environments are influencing this moment?
- How can we respond with connection rather than control?

This lens applies equally to children, adults, families, and professionals.

How to Use WholeFlow Inclusion Co in Practice

1. Use It as a Way of Seeing

Begin by shifting *how* you interpret behaviour.

Instead of asking:

- *“How do we stop this behaviour?”*

Ask:

- *“What is this person experiencing right now?”*
- *“What might they be communicating?”*
- *“What support or adjustment could help in this moment?”*

This lens supports more compassionate and effective responses.

2. Apply the Core Principles Daily

Use the WholeFlow Inclusion Co principles to guide decisions, interactions, and environments:

- Prioritise **connection before correction**
- Support **emotional awareness and regulation**
- Honour **identity, culture, and belonging**
- Choose **flexibility over rigidity**
- Use **simple, calming supports**

These principles can guide:

- routines
- transitions
- communication
- documentation
- behaviour support

3. Use the Bubble Communication Framework as the ‘How’

The Bubble Communication Framework is the **practical communication tool** within WholeFlow Inclusion Co. Use it to:

- check emotional readiness before communicating
- support safe expression of feelings
- reduce overwhelm and information overload
- create shared language around emotions and needs
- support respectful boundaries and co-regulation

It can be used with children, adults, families, and teams.

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4. Reflect on the Environment

WholeFlow Inclusion Co encourages reflection on both **visible and invisible environments**, including:

- noise, light, and sensory input
- emotional tone and pace
- routines and expectations
- communication styles

Small environmental changes often lead to big shifts in regulation and engagement.

5. Use WholeFlow Inclusion Co Tools as Supports — Not Rules

WholeFlow Inclusion Co resources are designed to support thinking and reflection, not replace professional judgement.

Use tools to:

- support observation and understanding
- guide reflection and documentation
- build consistency across teams
- support shared language and practice

Adapt tools to suit your context and the people you support.

What WholeFlow Inclusion Co Is Not

- It is not a behaviour management program
- It is not a rigid routine or checklist
- It is not a one-size-fits-all approach

WholeFlow Inclusion Co is intentionally flexible and responsive.

When WholeFlow Inclusion Co Is Working Well, You May Notice:

- calmer environments
- improved communication
- stronger relationships
- reduced escalation and overwhelm
- increased confidence among practitioners
- people feeling more seen, safe, and supported

In Summary

WholeFlow Inclusion Co supports practitioners to:

- slow down
- look deeper
- respond with intention
- and place connection at the centre of practice

It is a framework designed to grow *with* your team and your community.

Core Principles of the WholeFlow Inclusion Co Framework

The following principles guide all WholeFlow Inclusion Co practice and resource design.

1. Connection Before Correction

Relationships create emotional safety.
Emotional safety supports regulation.
Regulation supports learning, participation, and wellbeing.

WholeFlow Inclusion Co prioritises connection as the foundation for all interaction.

2. Emotional Awareness & Safety

Emotions are not problems to be fixed — they are signals to be understood.

WholeFlow Inclusion Co supports:

- emotional literacy
- regulation and co-regulation
- safe expression of feelings
- calm, respectful responses

3. Identity & Belonging

Every person deserves to feel valued, respected, and understood.

WholeFlow Inclusion Co honours:

- individual identity
- culture and community
- neurodiversity
- personal strengths and differences

4. Cultural Responsiveness

People do not exist outside of culture.

WholeFlow Inclusion Co recognises and respects each person's:

- cultural background
- family values
- community context
- worldview

Practice is shaped through listening, reflection, and humility.

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5. Simplicity & Clarity

Support tools should reduce overwhelm — not add to it.

WholeFlow Inclusion Co resources are intentionally:

- calming
- accessible
- flexible
- practical for real-world settings

6. Flexibility Over Rigidity

Human needs are not static.

WholeFlow Inclusion Co supports routines and structures that:

- adapt to individual needs
- respond to emotional states
- flow with people, not over them

Whole-Person Understanding

WholeFlow Inclusion Co recognises that people are shaped by many interconnected factors, including:

- relationships
- emotions
- identity
- communication styles
- sensory needs
- routines and transitions
- physical and emotional environments

Behaviour is understood as communication — an expression of need, emotion, readiness, or capacity.

Understanding the Individual Within Their System

WholeFlow Inclusion Co is informed by ecological and relational perspectives that recognise the influence of interconnected systems.

Each person exists within a **microsystem**, which may include:

- family and carers
- educators or support workers
- peers and friendships
- cultural and community influences
- environments and routines
- emotional and developmental needs

When these systems are understood, responses become more compassionate, effective, and sustainable.

The Bubble Communication Framework

A Signature Tool Within the WholeFlow Inclusion Co Framework

The Bubble Communication Framework is a core communication tool that brings the WholeFlow Inclusion Co philosophy into everyday practice.

It supports people to communicate with:

- clarity
- emotional readiness
- mutual respect

The framework recognises that communication occurs in different “bubbles” — each representing a different emotional state, need, or level of readiness.

What the Bubble Communication Framework Supports

- emotional awareness
- self-regulation and co-regulation
- respectful communication
- reduced overwhelm
- neurodiverse-affirming interaction
- clear, compassionate boundaries
- connection before instruction

What the Bubble Framework Helps With

- checking readiness to listen
- expressing emotions safely
- reducing information overload
- supporting transitions
- creating shared language
- encouraging mutual respect

The Bubble Framework is not a behaviour management system. It may be used proactively, responsively, or reflectively

It is a communication and regulation support tool grounded in dignity and connection.

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WholeFlow Inclusion Co Resources

All WholeFlow Inclusion Co resources are designed as expressions of this framework.

These may include:

- communication tools
- planning and reflection supports
- visual resources
- documentation frameworks
- professional learning materials

Each resource aligns with the same guiding philosophy outlined in this document.

WholeFlow Inclusion Co is not a scripted program to be implemented or a script to be followed.

It is a way of seeing, understanding, and responding — grounded in respect for the whole person.

By centring connection, emotional safety, and identity, the WholeFlow Inclusion Co Framework supports more humane, responsive, and sustainable practice across education and care contexts.

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